Facilitating storytelling for social change efforts requires a unique set of skills to effectively engage participants, create a supportive environment, and foster meaningful dialogue. Here are some essential skills for a facilitator in this context:

- Active Listening
- Empathy
- Communication Skills
- Conflict Resolution
- Group Facilitation
- Storytelling Techniques
- Critical Thinking
- Flexibility and Adaptability
- Knowledge of Social Justice Issues (in particular racial and reproductive/birth justice)
- Facilitation of Relfection
- Empowerment Techniques
- Strength-Asset Based Approach
- Evaluation and Feedback Skills
- Open Mind